

Second Year Checklist

Below are examples of the career development process for a second year student.

<p>ASSESS</p>	<ul style="list-style-type: none"> ○ Identify skills, interests, and work preferences and reflect on how they relate to possible careers. ○ Make an appointment with your Career Counselor to discuss assessments (i.e., StrengthsFinder, Card sorts) and career options. ○ Analyze your experiences (work, classroom, hobbies, etc.) and identify those that spark your passions. ○ Update Career Portfolio in College Central.
<p>EXPLORE</p>	<ul style="list-style-type: none"> ○ Develop knowledge and identify key skills and experiences for fields of interest utilizing College Central, Professional Associations, Occupational Outlook Handbook, among others. ○ Attend Career Services & B2B workshops and events to learn more about fields of interest. ○ Actively participate in groups related to interests to gain experience and test out the field. ○ Speak with Soka Alumni and others with similar interests to learn about their career paths. ○ Research study abroad options and utilize GoinGlobal to explore internships and career related opportunities abroad.
<p>DEVELOP</p>	<ul style="list-style-type: none"> ○ Articulate specific Liberal Arts skills and create a 30 second elevator speech. ○ Search for summer internships that build on your interests and learn how to position yourself to obtain unique opportunities. ○ Build your professional network – conduct informational interviews, talk with faculty, attend events related to fields of interest. ○ Utilize LinkedIn Groups related to your interests and join Career Services & Internships LinkedIn page. ○ Take Career 100 1-unit course (recommended).
<p>IMPLEMENT</p>	<ul style="list-style-type: none"> ○ Declare your concentration after exploring academic courses and speaking with faculty. ○ Complete a career related internship through Andy Marcos or on your own or complete a research position with faculty. ○ Develop an on-going connection with 3-5 people in your field of interest for professional advisement and mentorship. ○ Create/update your resume with your Career Counselor to reflect your college experiences.